

Public Participation Network **Limerick**

About PPN Limerick

PPN Limerick is a network of community, voluntary, social inclusion and environmental groups/organisations, working together for a better Limerick through public participation in local democratic structures. Visit [our website](#) for more information

PPN Membership

Now stands at 308 members.

PPN

Limerick membership continues to grow and you can check out all our members [on the Membership directory](#) on the PPN Limerick website.

Register to join [HERE](#)



In this Newsletter

- **Survey re: Limerick Volunteer centre**
- **New Solutions Social Innovations Lab**
- **Sustainability Step up fund open for Applications**
- **Training and Consultation opportunities**

PPN Limerick Updates


Public Participation
Network Limerick

MEETING DATES FOR 2026

January	February	March
Mo Tu We Th Fr Sa Su	Mo Tu We Th Fr Sa Su	Mo Tu We Th Fr Sa Su
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July	August	September
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October	November	December
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Secretariat Meetings

Secretariat Meetings

27th January
23th February
23rd March
27th April
25th May
22nd June
7th September
19th October
23rd November


Plenary Meetings

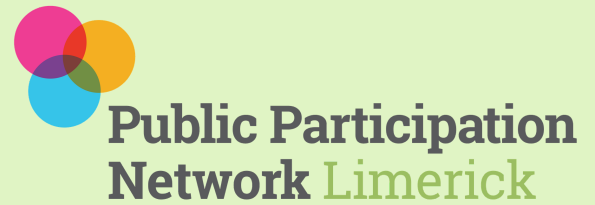
Plenary Meetings

26th February
28th May
10th September
26th November


Bank Holiday

We have set our Plenary Meeting dates for 2026, as well as the Secretariat Meetings. you can view these [HERE](#). Please save the Plenary dates in your calendar.

Limerick Migrants Integration Forum Event



On Monday the 13th of June, the Limerick Migrant Integration Forum held an event at the Strand Hotel Limerick. The event was named “BRIDGING COMMUNITIES: Our Ireland, Our Home, Our Community” and was timed to line up with the **UN International Day of HOPE** in collaboration with **PPN Limerick**.

The event was very well attended and hosted discussions around how we can build connections together in a positive and collaborative manner.

you can view a video from the event [HERE](#)

SDG Week 2026



Take Part in SDG Week 2026!

Ireland's fifth Sustainable Development Goals (SDG) Week is taking place this year from 19 to 27 September. It forms part of the wider European Sustainable Development Week (ESDW), which runs from 18 September to 8 October 2026!

Last year, ESDW saw almost 3,860 activities taking place across 39 countries, with almost 100 events taking place in Ireland.

The SDGs belong to everyone and SDG Week is open to all – individuals, groups, schools and colleges, businesses and institutions. To take part, organise an event – however big or small – or highlight an activity or project that promotes sustainable development and join the annual week of action for the SDGs.

1. Start now!

Think about how you could promote sustainable development and plan an activity, project or event to take place during SDG Week

2. Register

Upload your idea on the ESDW website: www.esdn.eu/esdw

3. Act!

Organise and promote your initiative during ESDW – 18 September to 8 October 2026!

For more information on sustainable development, SDG Week and ideas for taking part, please see www.gov.ie/SDGs.

Free global citizenship education offerings - workshops and coffee conversations



The programme supports learners to:

- Learn more about the world that we live in and different experiences across the world
- Get to grips with the complexity and root causes of things that we read about online, or see on the news, that are impacting people globally (such as poverty, inequality, conflict, climate change and hunger)
- Think critically about things that we read in the news and online

They wish to support people to be active global citizens and develop peoples understanding of their place in the world (and how it relates to their local community/experience).

They have a brand-new offering aimed at community groups and organisations:

The World&Me Coffee Conversations

If you would like to find out more about the Coffee Conversations or workshops/book your community in, then you can email (lauren.wright@concern.net) or GCEoutreach@concern.net.

Review of Limerick Volunteer Centre Please complete Survey

Please see link below to a survey that we have been asked to circulate.

The survey relates to a recent workshop on technology-enabled care for community-dwelling older adults, part of a comprehensive piece of research being conducted by the University of Limerick. As part of the workshop, participants completed a short survey to help inform the next stages of the research. They are now extending the opportunity to contribute to those who are interested in this subject but were unable to attend the workshop.

Survey link: <https://forms.office.com/e/LraJvQ4HFt?origin=lprLink>

The Research team looks forward to hearing from many respondents, but is particularly interested in hearing the views of the following:-

- Older persons/Older persons representatives
- Caregivers
- Healthcare providers
- Engineers/Product Developers
- Policy/Local Authority reps/Advocacy organisations
- Academics

Review of Limerick Volunteer Centre Please complete Survey



West Limerick Resources are currently undertaking a review of the Limerick Volunteer Centre that they administer as part of the preparation of a new strategic plan. As part of this process they are undertaking a consultation process and inviting input and feedback on the Volunteer Centre.

This can be done via a link to a short survey.

<https://tma-survey.limequery.com/975496?lang=en>



Training for a career in Youth work

Youth Work Traineeship

This 11-month full-time traineeship equips you with the knowledge and skills essential for a career in Youth Work. You will learn about the issues affecting young people and gain insights into the challenges faced by communities across different social settings. This programme is delivered in educational and workplace settings. There is a minimum 30% work placement, which we will help you secure.

On successful completion, you can progress into employment and work under supervision in a youth work environment or continue your learning journey with higher or further education and training opportunities. This programme is delivered in Limerick City.

*Successful application is based on meeting certain eligibility criteria.

QQI Level 5 Major Award

FULLY FUNDED

APPLY NOW

061 487 997
fetraheen@lctb.ie
collegeofFET.ie/traineeships

#FindTheBestInYou

Programme co-funded by the European Union and the European Social Fund

SCAN QR CODE

Limerick and Clare Education and Training Board has announced that applications are now open for the Youth Work Traineeship(Level 5), commencing on 7th September 2026.

This innovative traineeship has been designed to provide participants with the skills, knowledge, and practical experience needed to pursue a rewarding career in the field of youth work. The programme combines classroom-based learning with hands-on work placements, giving trainees the opportunity to gain real-world experience while building valuable professional networks.

Benefits of the Programme:

- Develop core skills in communication, leadership, and group facilitation.
- Gain practical experience working directly with young people and youth organisations.
- Achieve recognised certification, enhancing future employment and education opportunities.
- Learn in a supportive environment with experienced tutors and mentors.

Applications must be submitted through the following FETCH link: [Youth Work](#)

For further information in relation to Educational & Course requirements, please contact on fetraheen@lctb.ie / 061 487997

For further information in relation to course content, learner expectations, placement and general course queries, please contact Michelle Manning (Traineeship Coordinator) on michelle.manning@lctb.ie / 0868188750



OPEN FOR APPLICATIONS

The New Solutions Social Innovation Lab is a practical, step-by-step programme designed to help you turn ideas for social change into real, testable solutions. The Lab is a structured development programme made up of 8 workshops, combining online sessions with in-person events, delivered by experienced practitioners, social innovation mentors, and subject experts.

SESSIONS BEGIN Q4 2026

Attendance is FREE but spaces are LIMITED

LEARN MORE AND APPLY NOW AT

new-solutions.ie/social-innovation-lab

ENGAGE to develop real, actionable, and sustainable solutions

LEARN what you need to plan, deliver, and measure social impact

WORK with like-minded people on similar journeys

BUILD a network that can support you and your community

UNDERSTAND social innovation and how to apply it

INTERACT with flexibility through online and in-person sessions

WIN a **€5,000** seed grant to support the development of your idea

RETHINK IRELAND
Our Social Innovation Fund

the wheel
Stronger Citizens. Stronger Communities.

Local Development Companies Network
Inclusive Vision. Better Society.

DCU
Official Chairmen
Bhaile Átha Cliath
Dublin City University

WESTERN DEVELOPMENT COMMISSION

Údarás na Gaeltachta

An Roinn Forbartha Tuaithe agus Pobail agus Gaeltachta
Department of Rural and Community Development and the Gaeltacht

Co-funded by the European Union

pobal
government supporting communities

!APPLY NOW !

The **National Social Enterprise Awards 2026** will showcase the impact of Ireland's social enterprise community, and celebrate the people and organisations that make it all happen.

Categories and Prizes

Winners across eight categories will receive monetary prizes of €1,000 each, which will be handed out - along with Social Enterprise of the Year, Social Enterprise Volunteer of the Year, and Lifetime Achievement awards - at an awards ceremony to take place in October, with exact date and venue to be confirmed.

Summary of Key Dates	
Applications Open	22 nd June
Informational Webinar	11 AM, 29 th June
Deadline for Questions	11.59 PM, 24 th July
Application Deadline	11.59 PM, 31st July
Awards Event	October (Date and Venue TBC)

Find out more

For more information on eligibility, award categories and how you can apply, visit:

www.ldcn.ie/awards

Outdoor Recreation Infrastructure Scheme 2026/2027- Call for Expressions of Interest

Expressions of Interest (EOI) in respect of all Measures of the Outdoor Recreation Infrastructure 2026/2027 Scheme as follows;
Project Development Measure : Development Costs for Outdoor Recreation Projects – A maximum of 4 expressions of interest can progress to application stage. The combined total of projects up to the maximum of 4 cannot exceed €100,000. In addition, if sufficient interest and demand exist, 1 additional expression of interest, focussing specifically on equestrian trails/bridleways up to €50,000 can be progressed to application stage.

EOI now open and [Monday 10th August 2026 is the closing date for EOI submission](#)

Measure 1 : Small Scale Repair/Development/Promotion and marketing – Grant up to €40,000 (a max. of six EOIs can be shortlisted for onward submission to the Department)

EOI now open and [Monday 10th August 2026 is the closing date for EOI submission](#)

Measure 2 : Medium Scale Repair/Upgrade and New Trail/Amenity Development – Grant up to €200,000 (a max. of three EOIs can be shortlisted for onward submissions to the Department)

EOIs opening [Monday 20th July 2026 and closing date for EOI submission is Friday 21st September 2026](#)

Measure 3 : Strategic Large Scale Repair/Upgrade and new Strategic Trail/Amenity Development – Grant up to €500,000 (a max. of one EOI can be shortlisted for onward submission to the Department)

EOIs opening [Monday 20th July 2026 and closing date for EOI submission is Friday 21st September 2026](#)

Expressions of interest will be assessed for suitability based on the information provided and the required supporting documentation submitted after the closing dates.

The ORIS 2026/2027 Scheme Outline, National Outdoor Recreation Strategy 2023-2027, Embracing Ireland's Outdoors and links to additional information are all available on Limerick.ie by clicking here. Expression of interest forms are available online at <https://mypoint.limerick.ie/en/applications>.

Local Community Development Committees (LCDCs) New Informational website is now live

A

The Department has launched an awareness campaign regarding how Local Community Development Committees (LCDCs) connect public bodies and communities across Ireland. The programme commenced on Friday, May 1st and will run for a three-week period across radio, podcasts, print and online media.

The overall objective of the campaign is to raise public awareness on the role and function of the LCDCs and how they contribute to the development of local communities, through actions contained in each of their Local Economic and Community Plans (LECPs).

The new dedicated web page which can be viewed [HERE](#) is a central hub for information on each of the 33 Local Community Development Committees (LCDCs) and contains information and a series of videos on the following:

- Background of LCDCs
- Watch LCDCs in Action
- Local Economic and Community Plan (LECP)
- Additional Staff Resource (ASR)
- Find your LCDC
- Training for Staff

This resource will also benefit community and voluntary organisations, PPNs, together with local and community development organisations. It is hoped that these groups will utilise these assets to build a stronger on-line presence and gain better traction for their community activities, i.e.. fundraisers, local events, and media posts.



Irish Environmental Network Newsletter



Please see link to view July Irish Environmental Network Newsletter
[Here](#)



Please see link to view July Active Travel Limerick Newsletter
[Active Travel Limerick Newsletter #66 - 1st July 2026](#)

Age Friendly Ireland Newsletter



Please see link below to the 10th of July 2026 Age Friendly Newsletter for your perusal.

[Age Friendly Ireland Newsletter 10/07/2026](#)

Summer in the City 2026



Summer in the City is a vibrant month-long programme of free and family-friendly events taking place throughout August across Limerick City.

They are delighted to be launching Summer in the City 2026 this week, an exciting city-centre programme taking place throughout August that will transform Limerick's streets, quays and public spaces into vibrant destinations for people to gather, connect, relax and enjoy.

Visit the dedicated programme hub at: [Summer in the City](#)

Walking Buddies Limerick- Community Walking Initiative Bringing People Together Across Limerick



Walking Buddies Limerick is a local volunteer-led walking group that has been bringing people together across Limerick for the past number of years through free weekly walks and social connection.

Walking Buddies welcomes men and women of all ages and fitness levels from across the city and surrounding areas.

Every Thursday at 7.30 pm, they meet outside Collins Bar, Dooradoyle, for a relaxed 5–6km walk, creating a welcoming social space for both regular members and newcomers.

The group has become an important support network for many participants, promoting both physical well-being and social connection in the community. In addition to the weekly walks, they also organise longer weekend hikes throughout the year.

These walks are free of charge and designed to encourage people of all abilities to get active, meet others and enjoy the benefits of walking in a supportive group environment. Local fitness and wellbeing partners are also contributing short demonstrations and guidance during the walks.

Click below to learn more and to register for events:

<https://walkingbuddieslimerick.wordpress.com/>

“Hop To It” and Help Track Local Frogs



Although well known, the common frog (*Rana temporaria*) is Ireland's only native frog species and is listed as vulnerable across Europe. Frogs are considered important biological indicators because their skin is highly sensitive to pollution. Their presence or absence can reveal much about water quality and local environmental conditions. They are protected under both the EU Habitats Directive and the Irish Wildlife Act. Why not participate in the “Hop It” nationwide survey and report your sightings of frog spawn, tadpoles, froglets or adult frogs. These simple records play a crucial role in monitoring frog populations and understanding the health of the environments they depend on.

How to Take Part

If you spot frog spawn, tadpoles, froglets or adult frogs in your garden, local green space or while out walking, you can submit records directly to the IPCC at:

- www.ipcc.ie
- Email bogs@ipcc.ie
- Phone 045 860133

Records can also be submitted to the National Biodiversity Data Centre at

<https://records.biodiversityireland.ie/start-recording>.

Further Details on [Limerick City and County Council Encourages Public to “Hop To It” and Help Track Local Frogs | Limerick.ie](#)

Trees.limerick.ie website to record newly planted trees across Limerick

Limerick City and County Council has created [Trees.limerick.ie](https://trees.limerick.ie) website to record newly planted trees across Limerick City and County.

Any individual, community group or business can now register any new tree planted.

This will enable to track the progress and count of trees planted in Limerick City and County.

[Trees.limerick.ie](https://trees.limerick.ie) is supported by the Mayor of Limerick, John Moran who is seeking to reach a target of at least one tree to be planted by every citizen in Limerick.

The link is <https://trees.limerick.ie/> and below is the QR code:





Grow

Mental Health

WHO WE ARE:

We are a community of people drawn together by our first-hand experiences of mental health problems. Having found practical ways of helping each other recover from mental health challenges we developed what we refer to as The Grow Program. We meet weekly in locations all over Ireland and use our proven [12 Step Program](#) to recover from various forms of mental health problems.

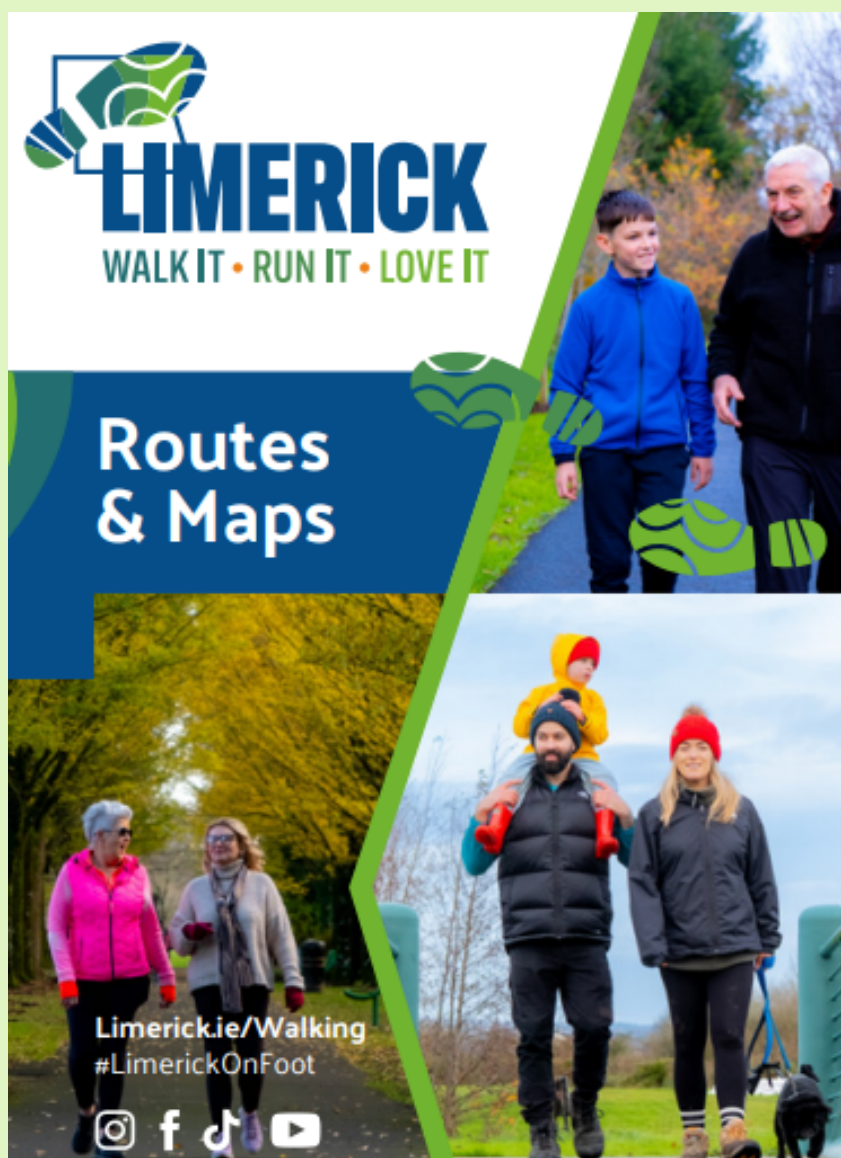


For Adults 18+
33 Henry Street, Limerick

Come along and hear Who Grow is, What we do and how you can receive support for your Mental Health.

Contact Celia 086 1526966 or celiabrett@grow.ie for further information.

Limerick Walking Guide



With the weather (occasionally) improving you can find routes and maps of the many fantastic walking/ running trails in Limerick City and County [HERE](#)

Active Travel Newsletter



Elevate your small scale event and festival by choosing to rent reusable cups. You will make a big difference to the environment by preventing waste and reducing litter.

Organisers of small scale events and festivals can now avail of beautifully designed robust, pint, half pint and hot beverage cups with or without lids at a reasonable cost.

More Information can be found [HERE](#)

Want to rent cups?

Here's a checklist:

1. Is your event or festival small-scale & not for profit?
2. Is your event/festival happening in Carlow, Clare, Cork City, Cork County, Kerry, Kilkenny, Limerick, Tipperary, Waterford and Wexford?

If yes is the answer to both these questions,
click on this button to order cups:

[Order Cups](#)

Balancing Stress - A HSE Resource for sharing with PPNs

The HSE has developed a Free, easy-to-access online programme called 'Balancing Stress' to support people across Ireland in managing common mental health difficulties including stress, anxiety and low mood.

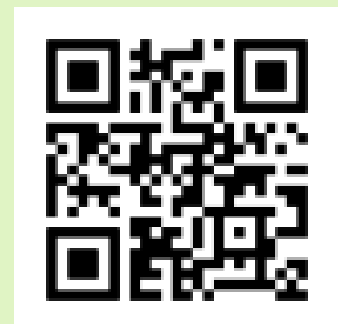
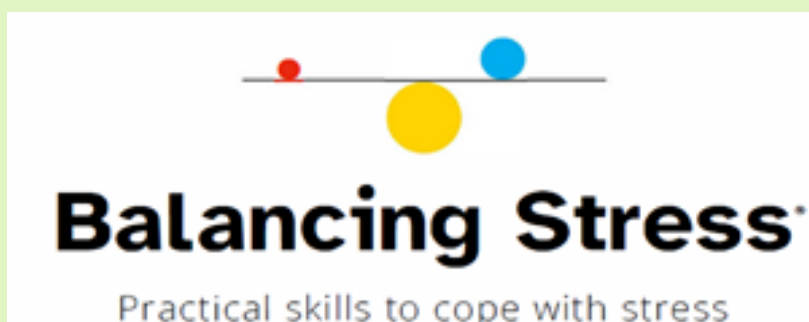
The HSE has developed a Free, easy-to-access online programme called 'Balancing Stress' to support people across Ireland in managing everyday mental difficulties such as stress, anxiety, low mood and worry.

The Balancing Stress programme offers six online video sessions (each around 35 minutes) covering key topics including managing stress, worry, anxiety, low mood, and relationship stress. This online programme offers people evidence-based tools to manage stress effectively and enhance their mental wellbeing.

The programme is delivered by Dr Niamh Clarke, HSE Principal Psychologist, and features expert interviews with Professor Alan Carr, UCD School of Clinical Psychology.

You can watch the videos at your own pace, on your own time, using a phone, tablet or laptop.

The easy to use QR code will take you directly to the programme. If you require further information, please do not hesitate to contact me at: yvonne.gilsenan@hse.ie



PPN Stakeholder Training

PPN Stakeholder Training

The online only self-paced training videos programme for PPN stakeholders has been developed with SJI.

Registrations for the online only training is now open.

Social Justice Ireland is providing this training on behalf of the Department.

The online only training covers the following:

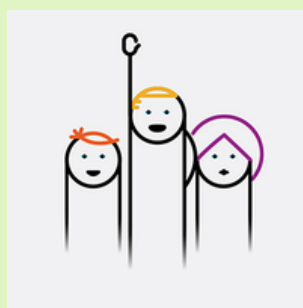
- An Introduction to the PPNs (2 Modules)
- Local Government Budgets
- PPNs and Local Government
- Effective Participation in Consultations
- Effective Facilitation
- Strategic Planning
- Measuring Outcomes and Impacts

This is online only and is intended for self-directed learning at the learner's own pace. Social Justice Ireland will provide some support via the webform on each Module page. There are no scheduled classes as part of this training.

To register, please complete the Registration Form at the following link: : [Register for Training_|_Social Justice Ireland](#)

PPN Limerick Documents

- The [PPN Website](#) has all our information and details regarding membership and groups, linkage groups and documentation.
- The [PPN Constitution](#) details how we operate:
- Our [Strategic Plan](#) outlines our goals for the next 5 years:
- Our [2026 Workplan](#) was agreed by the Plenary at our AGM on the 26th of November 2025.
- The [PPN Handbook](#) is the national document which guides the processes that all PPN's Nationally must follow.
- Training slides from recent Induction training for SPC Members can be viewed [HERE](#). They include background information that may be of interest.



MAYORAL PROGRAMME

Mayor of Limerick, John Moran, has unveiled an ambitious vision for the future of Limerick City and County with the publication of the Limerick Mayoral Programme 2024-2029, titled More for Limerick. This comprehensive 138-page document outlines the Mayor's vision and objectives for his term in office, as mandated by the Local Government (Mayor of Limerick) and Miscellaneous Provisions Act 2024.

[Mayoral Programme, More for Limerick, 2024-2029](#)

